

## Doctrine of the Mean

### Aristotle

SPHERE OF ACTION OR FEELING	EXCESS (VICE)	MEAN (VIRTUE)	DEFICIENCY (VICE)
Fear and confidence	Rashness	Courage	Cowardice
Pleasure and pain	Licentiousness	Temperance	Insensibility
Getting and spending (minor)	Prodigality	Liberality	Illiberality
Getting and spending (major)	Vulgarity	Magnificence	Pettiness
Honor and dishonor (major)	Vanity	Magnanimity	Pusillanimity
Honor and dishonor (minor)	Ambition	Proper ambition	Unambitiousness
Anger	Irascibility	Patience	Lack of spirit
Self-expression	Boastfulness	Truthfulness	Understatement
Conversation	Buffoonery	Wittiness	Boorishness
Social conduct	Obsequiousness or flattery	Friendliness	Cantankerousness
Shame	Shyness	Modesty	Shamelessness
Indignation	Envy	Righteous indignation	Malicious enjoyment